United Pa	latine Coaliti	on's Mental H	ealth Resource List f	or Partners to Provider Servi	ces		
Level of Care	Agency Name	Address/Phone	Web Site	Services	Age Served	Language Spoken	Payment
Emergency	Local Police/Ambulance 24/7	911	If a Mental Health Crisis: http: //namiba. org/downloads/CIT_call_12- 2015.pdf	If it is a mental health crisis and you need to dial 911 - See this link for helpful info on what to do or say when you dial 911.	All	English Translation services available.	Free
Crisis/Hotline	National Suicide Prevention Lifeline 24/7	800-273-8255 Spanish1-888-628- 9454 For deaf and hard of hearing 1-800-799-4889	https://suicidepreventionlifeline.o	24 hour suicide hotline; For people in distress, family members and professionals	All	English, Spanish Translation support in 150 languages	Free
Hotline	National Hopeline Network	1-800-442-HOPE (4673)	https://nationaltoolkit.csw.fsu. edu/resource/national-hopeline- network-suicide-crisis-hotline- 1-800-442-hope4673/	A program of the Kristin Brooks Hope Center. Hopeline provides support with trained counselors through this national hotline to prevent suicide.	Youth Adults	English Spanish	Free
Crisis/Hotline	Cares Line (24 hours)	800-345-9049 TTY: 1 (773) 523- 4504	http://www. illinoismentalhealthcollaborative. com/consumers/consumer_cont acts.htm#CARESLine	You may use the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional if your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families.	Children	English Spanish TTY	Free
Crisis/Hotline	SASS (Open 24/7)	800-345-9049 TTY:1(773)523- 4504	www.dhs.state.il.us/page.aspx?i	Screening, Assessment and Support Services (SASS), is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency. SASS agencies provide intensive mental health services for eligible children and youth who may need hospitalization, or community based mental health care. SASS services are available by calling the CARES line.	17 years and younger	English Spanish	Free - Any child or youth in a mental health crisis who may need public funding through the Illinois All Kids Program or Medicaid may receive SASS services.
Crisis Line	Amita Health Center for Mental	800-432-5005	www.amitahealth. org/centerformentalhealth	Screenings	All ages	English with Spanish line connection	Free screenings Contact for info about insurance plans accepted and financial assistance for treatment options.
Crisis Line	National Runaway Safe Line 24/7	1-800-RUNAWAY 1-800-786-2929 Text 66008	https://www.1800runaway.org	Support for youth/teens and parents/guardians and for those thinking of running away or already have.	Youth Teens Family support	English Translation services available	Free
Crisis line	Homeless, Runaway and Locked Out Youth The Bridge Youth and Family Services 24/7	847-776-3720	www.bridgeyouth.org/	Crisis Team performs front-line crisis intervention for run-away, locked out, homeless and ungovernable youth. Crisis services allow youth to be diverted from the child welfare and criminal justice systems. The Bridge provides crisis services to six northwest suburban Cook County townships: Palatine, Schaumburg, Barrington. Elk Grove. Maine and Hanover.	11-17 years	English or langauge support from referring agency. F/U services in English, Spanish Polish	Free services up to 90 days after crisis
Hotline	Crisis Team Alexian Brothers 24/7	1650 Moon Lake Boulevard Hoffman Estates, IL 60169 855- 383-2224	https://www.amitahealth. org/our- locations/hospitals/amita- health-alexian-brothers- behavioral-health-hospital- hoffman-estates	24 hour Mental Health Crisis hotline	All ages	English Translation line	Free, walk-in assessments are available 24/7. Contact for info on insurance accepted and financial assistance for treatment.
Hotline	The Warm Line (mental health/substance abuse support)	866-359-7953 select option 2 M-F 8am-5pm except holidays	http://www. illinoismentalhealthcollaborative. com/consumers/consumer_cont acts.htm#CARESLine	The Warm Line is for persons with mental health and/or substance use challenges and their families to receive support by phone. The Warm Line is not a crisis hotline, but is a source of support as you recover or help a family member to recover.	All	English Spanish Translation line	Free
Support Line	Illinois Call4Calm	Text "TALK" to 552020 or "HABLAR" for Spanish	N/A	Is not a crisis hotline, but a source of support for anyone experiencing stress and in need of a listening ear.	All	English Spanish	Free
Hotline	Ecker Center 24- hour Emergency Program	Advocate Sherman Hospital Emergency Department 1425 Randall Road Elgin, IL 60123 847-888-2211	https://eckercenter.org/crisis-ser	For psychiatric emergencies. Recommended to call to alert you are coming.	Adults Children Teens		Emergency help is available 24/7 at no charge to people without insurance who are experiencing psychiatric crisis. No charge for assessment. Accepts medicaid and medicare for other services. Call for other options.
Hotline	Chicago Behavioral Hospital	844-756-8600 555 Wilson Lane Des Plaines, IL 60016	https://chicagobehavioralhospita	Open 24/7 to speak with a behavioral health professional	Adolescents Adults Seniors	English Translation services available	Free assessment Call for payment options
Help Line	SAMHSA (Substance Abuse and Mental Health Service Admin) 24/7	1-800-662-HELP 1-880-662-4357	https://www.samhsa.gov/find- help/national-helpline	SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.	All	English Spanish	Free assessment Call for payment options
Hotline	DCFS Child Abuse Hotline 24/7	Call 911 1-800-25-ABUSE 1-800-252-2873 TTY 1-800-358- 5117	https://www2.illinois. gov/dcfs/safekids/reporting/ Pages/index.aspx	If you suspect a child is being abused or neglected, you should report it to the DCFS hotline immediately.	Under 18	English Spanish Chinese Through interpreters in 170 languages. TTY	Free

				or Partners to Provider Servi		Language	
Level of Care	Agency Name	Address/Phone	Web Site	Services	Age Served	Spoken	Payment
Helpline	District 15 HELPLINE	English: 847-460- 2099 Spanish: 847- 460-2129 Monday-Thursday from 8:30am to 2: 30pm. Calls and text received outside these hours will be return the next business day. 1-866-783-2645 8 am-5 pm central	N/A	Do you need help and not sure who to contact? Our student services staff are available during these stressful times. HELPLINE TOPICS Social or emotional concerns Resources (food, shelter) Supporting children at home	All	English Spanish	Free
Healthline	Su Familia National Hispanic Family Healthline:	time Calls or texts received outside of hours will be answered the following business day.	http://www.hispanichealth.org/	The National Hispanic Family Health Helpline provides reliable and confidential health information to help callers navigate the health system. Staffed by bilingual health promotion advisors who provide basic information on a wide range of health topics.	All Ages	Spanish English	Free
Support Line	Family Support Network (FSN) The Illinois Coalition for Immigrant and Refugee Rights Family Support Line (ICIRR)	1-855-HELP-MY- FAMILY 1-855-435- 7693	https://www.icirr.org/fsn	Services include FSN citizenship engagement, health care access, public benefits access and education initiatives.	All Ages	English Spanish Korean Polish	Free
Help Line	National LGBTQ+ Immigrants Rights Legal Emergency Help	If you are in detention call:(917) 654-9696 M-T 9:30-5:30 Other inquiries call: (212) 714-2904 Mon 1:00 - 4:00 pm	https://www.immigrationequality. org/get-legal-help/#. Xm50vS3Myb9	Works to secure safe haven, freedom to live openly, and equality for individuals and families in our community. Through direct legal services, policy advocacy, and impact litigation, we advocate for immigrants and families facing discrimination based on their sexual orientation, gender identity, or HIV status.	All Ages	English Translation services available	Pro Bono
Helpline	National Eating Disorder Association Helpline	1-800-931-2237 or text "NEDA" to 741741 Helpline phone hours: Mon-Thurs 11AM to 9PM ET Fri 11AM to 5PM ET.	https://www. nationaleatingdisorders. org/help-support/contact- helpline	Contact the Helpline for support, resources and treatment options for yourself or a loved one. Helpline volunteers are trained to help you find the information and support you are looking for. Live chat service on website - Mon-Thurs from 8AM to 8PM Friday 8AM to 4PM	Screening tool age 13 and above	Translation services available	Free or low cost
Hotline	National Association of Anorexia Nervosa and Eating Disorders Helpline (ANAD)	1-630-577-1330 MonFri. 9am-5pm	https://anad.org/our- services/eating-disorders- helpline/	Assistance with referrals to treatment options,if concerned you have an eating disorder, encouragement and support. Call to discuss worries about friends or loved one and questions about eating disorders in general.	Screening tool 13 and older. Mentoring for 15 and older Support grps varies.	English	Free
Hot Line	Baby Safe Haven Confidential Hotline	1-888-510-BABY (2229)	http://safehaven.tv	If you're pregnant and do not feel you can care for your baby, or if you have a baby you cannot care for. Info at answers@optionline.		English Spanish interpreter services	Free
Hotline Domestic Violence Crisis Line Domestic Violence	Illinois Domestic Violence Hotline 24/7 WINGS 24/7	1-877-863-6338 TTY 1-877-863- 6339 847-519-7820 local 847-221-5680 national	https://www.dhs.state.il.us/page	The Helpline or Local Agency will assist to services or program at either the first meeting or via the telephone call. The mission of WINGS Program, Inc. is to provide housing, integrated services, education and advocacy to end domestic violence.	All ages	Multilingual English Spanish Polish	Free
Child Abuse	Children's Advocacy Center (CAC)	847-885-0100 847-885-1087 fax	https://www.cachelps.org/	CAC offer various services to help children and families in our community who have suffered abuse. From forensic interviews to family therapy, we strive to provide personalized plans for each case that comes to the CAC. Email: info@cachelps.org	Families with children	English Spanish	Free
Domestic Violence	NW CASA Northwest Center Against Sexual Assault	Suite 47 Arlington Heights, IL 60005 (847) 806-6526	http://www.nwcasa.org/	Northwest CASA provides crisis intervention, advocacy for medical and justice issues, counseling, prevention and community education along with the clothesline project.	All	English Spanish	Free
COVID-19	CALL4CALM for people experiencing stress and support. It is NOT a crisis line.	To reach a mental health professional text "TALK" to 5-5-2-0-2-0 For Spanish, "HABLAR" to the same number: 5-5-2-0-2-0.	N/A	The Illinois Department of Human Services' Mental Health Division has launched an emotional support text line, Call4Calm, for Illinois residents experiencing stress and mental health issues related to COVID-19. Within 24 hours they should receive a call back.	All	English Spanish	Free
COVID-19	"COVID-19 Mental Health Resources Hub"		"COVID-19 Mental Health Resources Hub"	Free resources to help individuals and providers address mental health needs during the pandemic. It's a first-of-its-kind collaboration between the nation's leading mental health advocacy groups, the largest healthcare payers, and the U.S. Department of Veterans Affairs. The special website includes a number of videos produced by Psych Hub, as well as written and visual resources developed by partner organizations.	All	English Spanish	Free
COVID-19	NAMI online Family Support Groups and Connection Recovery Support Groups while Shelter-in-Place for COVID-19	NAMI Northwest Suburban meetings and events contact NAMI NWS at 847- 899-0195 or naminwsub@gmail. com. See website for links to Support groups.	https://namiillinois.org/online- support-group-registration- information/	Participate without leaving your home. It's easy and confidential. Call for further information, visit website or email. Register online before 4:30 pm on the day of the group. Website at naminorthwestsuburban.org for more detailed information about our NAMI NWS support services and events. NAMI COVID resource guide is available in Spanish: https://www.nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources/Covid-19-Guia	Varies	Support groups in English. Toolbar translates Online Resources into 17 languages.	Free

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COVID-19	NAMI CHATS	To join NAMI CHATS, leave a message for our resource team at (847) 716-2252. We will return your call within 24 hours.	https://namiccns.org/nami-chats	NAMI CHATS is a new CCNS program designed to connect you with what you need! Whether you are an individual living with mental illness or a family member/caregiver who needs resources and support, or just want to have a conversation with a knowledgeable member of the NAMI family. Call to be connected to a supportive peer at NAMI CHATS.	Over 18	English	Free
OUTPATIENT	The Bridge Youth and Family Services	721 S. Quentin Road Suite 103 Palatine, IL 60067 847-359-7490	https://www.bridgeyouth.org/	Comprehensive outpatient mental health services for youth 0-17 and their families; family and individual counseling; groups; crisis intervention; mentoring	0-17	English Spanish Polish	Subsidized fees; BC/BSIL PPO insurance. No one refused due to inability to pay.
OUTPATIENT	ACCESS Genesis Family Health Center (ACCESS Community Health Network-FQHC)	60016 Scheduling # 847-	https://www.achn.net/	Offers behavioral health services and counseling; Medication Assisted Treatment; group sessions; and linkage to social services. Must be an ACCESS patient for BH but not for M.A.T. Care provided by LCSW and primary care providers. Tele-psychiatry available. Call main # to schedule an appt. Call clinic for transportation assistance.	5-99	English Spanish Korean Gujarati Russian Bulgarian Other - language line	All patients are welcome at ACCESS regardless of insurance status. Patients without the ability to pay will not be denied services sliding fee scale program offered. Payment due at the time of your visit. Reduce cost drug pricing.
OUTPATIENT	ACCESS Northwest Family Health Center (ACCESS Community Health Network-FQHC)	1120 N. Arlington Hts Rd. Arlington Heights, IL 60004 Scheduling # 847- 342-1554 Fax # 847-342-1711	https://www.achn.net/	Behavioral health services and counseling; Medication Assisted Treatment; Group sessions; Linkage to social services. Must be an ACCESS patient for BH but not for M. A.T. Care provided by LCSW and primary care providers. Tele-psychiatry available. Call main # to schedule an appt. Call clinic for transportation assistance.	3-99	English Spanish Gatavati, Gujarati, Urdu and others thru language line	All are welcome at ACCESS regardless of insurance status. Patients without the ability to pay will not be denied services. A sliding fee scale program offered. Payment is due at the time of service. Low cost prescriptions.
OUTPATIENT	Arlington Heights Health Center (Cook County, formerly known as Vista)	3250 N. Arlington Hts Rd Suite #300 Arlington Hts, II 60074 Scheduling# 312- 864-0200 Transportation # 312-864-7433 fax# 847-934-9243	https://cookcountyhealth. org/locations/arlington-heights- health-center/	Offers behavioral health services and counseling; Medication Assisted Treatment; linkage to social services. Must be an established Cook County patient. Care provided by LCSW and primary care providers with linkage to Psychiatry at Stroger Hospital. Call main # to schedule an appt. Free transportation provided, but requires patient to schedule appt 48 hrs in advance.	3-99	Languages spoken: Spanish, Tagalog, Hindi and others thru language line.	Cook County Health will not deny services based on a person's ability to pay. Financial assistance options are available. If you need health insurance, call (866) 223-2817 to learn about options. Low cost prescriptions.
OUTPATIENT	Creekside Family Health Center Greater Elgin Family Care Center- FQHC	300 McHenry Road Wheeling, IL 60090 Scheduling # 847- 608-1344 Fax# 847-243-0039	https://gefcc.org/find-a-health-center/creekside-health-center/	Offers individual, couples and family counseling therapy; group sessions; mental health and substance abuse disorder issues. Medication Assisted Treatment. Care provided by LCSW/LCPC and primary care providers. Linkage to psychiatry including telepsychiatry and referral resources. \$10 travel reimbursement with receipt.	Ages 5-Up for counseling Ages 18 -up for medication treatment	Support staff speak Spanish. Translation line available for behavioral health and M.A.T. Linkage to social services.	All patients are welcome at ACCESS regardless of insurance status. Patients without the ability to pay will not be denied services. Reduce cost drug pricing.
OUTPATIENT	Amita Health Center for Mental Health	3436 N. Kennicott Arlington Heights, II 60004 847-952-7460	www.amitahealth. org/centerformentalhealth	Outpatient mental health services including psychiatry, therapy, day programs group therapy, housing and vocational programs.	Children, adolescents and adults	English Spanish speaking therapy available.	Medicaid, Medicare, private insurance, self pay or sliding scale (if a person resides in Wheeling or Palatine Township).
OUTPATIENT	Asian Human Services	1585 N. Rand Road, 60074 Suite 530 crisis line 773-293- 8488 847-934-9243 (intake) 847-934- 9243 fax	https://www.ahschicago.org/con	Serves refugees, immigrants and underserved populations. Immediate HELP when you need it: (773) 293-8488 Crisis can present itself as: housing concerns, traumatic events, domestic violence, immigration issues, health problems, food shelter, safety concerns, bullying, unemployment, family conflict, behavioral problems and grief & loss counseling.	Children adolescents adults	Trained providers speak 15 language.	A MEDICAID- certified site. We accept Medicaid/All Kids and have several managed care contracts for MEDICAID recipients.
OUTPATIENT	FAIR Counseling	2010 E. Algonquin Rd Schaumburg, IL 60173 847-359- 5192	https://www.faircounseling.com/	Substance abuse and co-morbid services; IOP & aftercare, family groups, DUI services.	13-18	Russian Polish	Free consultation with treatment estimates given. Accepts Insurance & sliding scale
OUTPATIENT	Family Behavioral Health Clinic	1455 E. Golf Rd. Des Plaines, IL. 60016 (847) 390-3004	http://www. familybehavioralhealthclinic. com/	Individual/group/family therapy, substance abuse counseling, psychological testing, telepsychiatry and academic testing. Mental Health Services in English and Spanish. Substance abuse disorder and DUI in English, Spanish and Polish.	Ages 3 and up	English Spanish Polish	Accepts public and private insurances. Call for information.
Outpatient	Willow House	2231 Lakeside Drive Bannockburn, IL 60015 847-236- 9300	WillowHouse.org	Willow House develops and provides supportive services for children, teens, families, schools and communities who are coping with grief and death of a loved one.	3-18 years Adults	English support grps Eng/Spanish consultation sprresentati onsand webinars	No charge

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Outpatient	Omni Youth Services	1111 Lake Cook Road Buffalo Grove, IL 847-353-1500	https://www.omniyouth.org/	OMNI is a comprehensive behavioral health organization serving the needs throughout Chicago's Northwest Suburbs. We don't only focus on resolving existing problems, but also pursue the development of skills for life.	Children, Adolescents Adults	English Spanish	OMNI accepts payment through Medicaid, MCOs and other health insurances. We offer sliding scale. Call for more info.
Outpatient	Hopeful Beginnings of St. Mary's	847-870-8181 Text HOPE1 to 67076 510 N. Plum Grove Rd Palatine, IL 60067	www.hopefulbeginning.org	Hopeful Beginnings provides supportive maternity counseling and teen parenting education programs.	Teens Adults	English Spanish	Free
Outpatient	Northwest Behavioral Health Services	415 W. Golf Rd, STE 16 Arlington Heights, IL 60005 (847) 577-0904 fax 847-577-1558	https://www.nwbhs.com/	We provide assessment, counseling, and parent coaching.	Children and family services		Reduced fee services are available on a limited basis through our post-doctoral fellows and therapy interns. Call for insurance info.
OUTPATIENT	Ramos and Associates	500 W. Central Road Mount Prospect, IL 60056 708-789-5669	http://www.ramosbhc.com/	Psychological services including ADD/ADHD, cognitive, academic and immigration testing along with consultation, supervision and psychological evaluation. Services include individual, family, art, play therapy and couples counseling.	Children Adolescents Adults	English Spanish	Accepts most public and private insurance plans. Has a sliding scale. Call for further info.
OUTPATIENT	Advanced Behavioral Solutions	2060 E. Algonquin Road, Suite 720 Schaumburg, IL 60173 847- 496-4693	http://www.advancedbehaviorals	ABS provides comprehensive psychological therapeutic services to families, children, adolescents, adults, and couples in individual, family, and group formats. Services may also include psychological testing, academic assessment, career evaluations, and ADHD evaluations (For further information, please refer to our Services page).	Youth Teens Adults	English Spanish	Fee-For-Service, Out-of-Network private practice where payment is due at the time of service. Call (847) 496-4693 for further insurance info.
Partial Hospitalization Intensive Outpatient Program	AMITA Health Center for Mental Health	3436 N. Kennicott Ave. Arlington Heights, IL. 60004 847-952- 7464	www.amitahealth. org/centerformentalhealth	Mental health group program including assessment, medication management, individual and group therapy.	18 and up	English	Private insurance, Medicare or self pay.
HOSPITAL SCREENING	SASS through Kenneth Young Center to initiate services call the CARES line 1- 800-345-9049	800-345-9049	www.kennethyoung.org	Screening, Assessment and Support Services (SASS) provides intensive mental health services for children and adolescents who may need hospitalization for mental health care. Mobile Cri-sis Response Ser- vices and is expand-ing to serve not only chil-dren, but peo-ple of all ages.	Children Adolescents	English Spanish	Allstate insurance; ALL KIDS, medicaid. Call SASS hotline to determine if uninsured or state- insured youth meet criteria for hospitalization.
Inpatient / Outpatient Intensive Outpatient Program Partial Hospitalization Program	Alexian Brothers Behavioral Health Hospital	1650 Moon Lake Blvd. Hoffman Estates, IL 800- 432-5005	www.amitahealth.org	Inpatient hospitalizations,outpatient therapy and psychiatry, intensive outpatient/partial hospitalization programs.	Children Adolescents Adults	English Interpreter services available	Call for insurance information.
IOP Inpatient Outpatient	Chicago Behavioral Hospital 24/7	555 Wilson Lane Des Plaines, IL 60016 844-756- 8600	https://chicagobehavioralhospita	Inpatient or partial hospital programs.	Ages 3-21		Accepts most commercial insurance, managed Medicaid and Medicare plans, Medicaid for patients under 21, Medicare, Public aid and TRICARE®. Call (847) 768-5430 and ask to speak with a financial counselor.
ASSESSMENT IOP/PARTIAL/ OUTPATIENT	Northwest Community Healthcare Behavioral Health	901 W. Kirchoff Road Arlington Heights, IL 1-847-HEALING 847-432-5464	https://www.nch. org/locations/nch-behavioral- health-center/	To schedule an appointment for an assessment please Call 1-847-HEALING. For more immediate assistance, scheduling an assessment or for questions about the OP programs call the Behavioral Health Intakes Department at 847-618-4160.	Ages 12 and up	English	Assessments are free. Call for info about insurance coverage for OP programs.
IOP/PARTIAL/ OUTPATIENT	Streamwood Behavioral Health Center	1400 Irving Park Road Streamwood, IL 630-837-9000 Español: (708) 890- 8863	https://streamwoodhospital.com	Services available: outpatient, partial, IOP, inpatient, therapeutic day. For inpatient services call 630-837-900 24/7 For outpatient services call 630-540-3924	3- Adult	nglish panish Translation services available.	Call 800-272-7290 for financial questions.
LGBTQ+	LGBTQ+ Center at Kenneth Young	650 E. Algonquin Road Schaumburg, IL. 847-485-8086	https://www.kennethyoung. org/services/lgbtq-center	A safe place for everyone - entertainment, social activities and educational activities. During COVID- email lgbtqcenter@kennethyoung.org to reg-is-ter and receive the Zoom event link! We serve and are constantly building our competency in working with our immigrant, POC, and non-English speaking populations	Youth 11-17 Young adults 18-24	English Spanish Hindi Gujarati	Free
LGBTQ+	Trevor Line	1-866-488-7386 If you are thinking about suicide and in need of immediate support.	https://www.thetrevorproject.org/	LGBTQ+ Youth Bullying Prevention The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning.	Youth under 25 years.	English	Free
LGBTQ+	LGBTQ+ National Youth Talkline	1-800-246-7743 Mon to Fri 3 pm – 11 pm Sat 11 am – 4 pm Email: help@LGBThotline. org	https://www.glbthotline.org/talkli	Confidential peer support for the LGBTQ and questioning community.	25 years and younger	English	Free

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LGBTQ+	Trans Lifeline	1-877-565-8860 24/7 Guaranteed staffed 9:00am-3:00am	https://www.translifeline.org/	Trans Lifeline is a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive. Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis for the trans community, by the trans community.		English Spanish	Free
LGBTQ+	Youth Outlook	Countryside Unitarian Church 1025 N. Smith Street Palatine, IL 630-505-9408	https://youth-outlook.org/about-u	All Drop-Ins are currently operating online only. Please contact Nancy Mullen, nancy. mullen@youth-outlook.org, for Zoom meeting login information. Drop-in Centers meet weekly and are a social setting for youth to meet other LGBTQ+ young people. We provide a safe and comforting space for them to talk about a variety of important topics. Youth Outlook provides dedicated programming related to safer sex, healthy relationships, and HIV/AIDS prevention and education. Support group that supports LGBT people, their	Transcend Drop-In Center for 14-20 youth - geared for non-binary and trans youth Wed., 6:30-9:00 p. m.	English	Free
LGBTQ+	PFLAG	PFLAG Council of Northern Illinois P.O. Box 734, Elmhurst, IL 60126 630-415-0622	pflagillinois.org	families and friends. Educates families and provides public education on sexual orientation, gender identity and LGBTQ issues. Advocates for equal rights for gay, lesbian, bisexual and transgender people and works to achieve equal civil rights for all people. Check website for meetings.	All	English	Free
LGBTQ+	GLSEN	N/A	glsen.org	GLSEN believes that every student has the right to a safe, supportive, and LGBTQ-inclusive K-12 education. We are a national network of educators, students, and local GLSEN Chapters working to make this right a reality.	K-12	English	Free
LGBTQ+	Howard Brown	Call Center 773- 388-1600 You can schedule an appointment for primary care, insurance enrollment assistance, behavioral health, and more Mon-Fri 10 am-6 pm Sat 10am 3pm.	howardbrown.org	Provides care that respects and values you, just as you are. We deliver expert care to the LGBTQ community and its allies, regardless of your ability to pay.We offer healthcare, HIV/AIDS, dentistry, psychiatry and counseling services.	Pediatrics through geriatrics	inglish Spanish Website uses Google translator	Discounted medical care, psychiatry, dentistry, and mental health counseling to uninsured with low income. Also, provides discounted counseling for low-income patients with medical insurance that does not cover counseling. Call for more insurance information or see the website.
Mental Health Education	NAMI Barrington Area (National Alliance on Mental Illness)	847-496-1415	http://namiba.org/education/	Provides educational programs and presentations for individuals with mental health illness, their partners, families, caregivers and the community at-large. More information can be found at their website.	All	inglish	Free
Mental Health Support Groups	Depression Bipolar Support Alliance	N/A	https://www.dbsalliance.org	Look up support groups currently available during COVID on the website.	All	English	Free
Mental Health Support Groups	NAMI Barrington Area (National Alliance on Mental Illness)	847-496-1415	_http://namiba.org/support-groups	Provides educational programs and presentations for individuals with mental health illness, their partners, families, caregivers and the community at-large. More information can be found at their website.	All	English	Free
Website resources	Illinois Department of Human Services: Mental Health Recovery Support Services	IL Dept of Human Services Division of Mental Health 401 S. Clinton St, 2 Flr Chicago, IL 60607 312-814-4832	https://www.dhs.state.il.us/page.aspx?item=36696	Provides information on Illinois' state recovery services.	N/A	English	N/A
Website resources	NAMI Barrington Area (National Alliance on Mental Illness)	N/A	http://namiba.org/resources/	Designed to guide friends, families and neighbors caring for someone with a mental illness.	All	English	Free
Resources	Aunt Bertha	N/A	https://www.auntbertha.com/	Search for resources online	All	oogle anslator Available	Free
Government Program	Government benefits Portal	N/A	https://www.benefits.gov	Benefits.gov is an online resource to help you find federal benefits - for disaster relief, healthcare/medical assistance, financial assistance and loans - you may be eligible for in the United States.	All	inglish Spanish	Free
Government Program	Social Security Disability	705 N. Wheeling Rd. Mt. Prospect, IL 60056 1- 866-931-8350 TTY 1-800-325- 0778 Fax 1-833-950-3733	https://www.ssa. gov/benefits/disability/	The Social Security and Supplemental Security Income disability programs provide assistance to people with disabilities.	All	Translation services offered online, in- person and by phone. See website for details.	Free
Prescription Drug help	Illinois Rx Assistance Programs	1-800-772-1213	http://staterxplans.us/illinois.html	IL Rx Card is the state's free prescription assistance program designed to help the uninsured and underinsured afford their prescription medications. Also, for residents, with insurance to assist with non-covered prescriptions.	All	All	Free
Substance Abuse	AA	See website of meeting locations and times.	https://www.aa.org	Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem.	All	English Spanish French	Free

Level of Care	Agency Name	Address/Phone	Web Site	Services	Age Served	Language Spoken	Payment
Substance Abuse	Al Anon (Help & hope for family and friends of alcoholics	See website of meeting locations and times.	https://al-anon.org	Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem.Meetings available in person; online or phone.	All	English Spanish French	Free
Substance Abuse	Alateen	See website for meeting times and locations. 1-800-344-2666	https://al-anon. org/newcomers/teen-corner- alateen/	Hope and help for young people who are the relatives & friends of a problem drinker.		English Spanish French	Free
Substance Abuse	Narcotics anonymous	708.848-4884 http://chicagona.org/	https://na.org	We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.		English Spanish Russian Greek others	Free
Substance Abuse	Kenneth Young Center cost-free, SMART Recov-ery meet-ings! Addiction behaviors including substance use.	In light of COVID-19, all KYC SMART meet-ings are avail- able on Zoom video con-fer-enc-ing. https://www. cpydcoalition. org/smart-recovery. 650 E. Algo-nquin Rd. Suite 104 Schaum-burg, IL	https://www.kennethyoung. org/Resources/support-groups	SMART Recov-ery meet-ings are peer-led sup-port groups for those in recov-ery from addic-tive behav-iors, includ-ing sub-stance use. Check website for times for specific age groups.	Adult18 and up Seniors Youth 17 and below LGBTQ -18 and above		Free